

Dubois County Health Department
1187 South St. Charles St.
Jasper, IN 47546
dchealth@psci.net

Parents,

Type A influenza is present in our county. Nationally, at this time, 97% of Type A influenza is of the H1N1 variety. As with seasonal influenza, controlling the transmission of the disease by person to person contact can be achieved by:

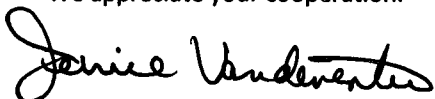
- Students, faculty and staff with an influenza like illness should stay home. Students should not attend school for 24 hours after they are fever free without fever medication (Tylenol or Advil). **The best place for ill children is at home.**
- Ill students should not attend child care facilities or congregate in other community settings (such as soccer game/practice, church, movies, etc)
- School closure is not advised for suspected or confirmed cases of H1N1

Take these everyday steps will also prevent the spread of flu viruses:

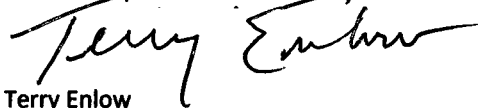
- Cover your cough and sneeze with a tissue or sleeve
- Wash your hands with soap and water
- Avoid touching your eyes, nose and mouth
- Stay away from sick people

The Dubois County Health Department and all of the county schools have been actively planning for H1N1 influenza. Preparations are underway for H1N1 vaccine distribution through school based clinics. Parents must give written permission before the vaccination will be given. Specific information concerning the clinic dates, a permission form, and vaccine information, including possible side effects, will be provided to you as soon as it is available. The vaccine will be provided at no charge through the school based clinics.

We appreciate your cooperation.



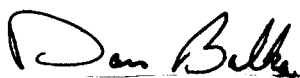
Jerrill Vandeventer
Greater Jasper Consolidated Schools



Terry Enlow
Southwest Dubois School Corporation



Robert Johnson
Southeast Dubois School Corporation



Dan Balka
Northeast Dubois School Corporation



Jeanne Heltzel
Holy Family School



Joe Brake
Precious Blood School



Elizabeth Flatt
John Paul the Great School



Dr. Ted Wafart
Health Officer

Dubois County Health Department
1187 S. St. Charles St.
Jasper, IN 47546

October 1, 2009

Parents,

The Dubois County Health Department and all Dubois County schools are planning to provide students the 2009 H1N1 influenza vaccine through school based clinics. The clinics will be conducted by the school nurses.

School aged children are one of the primary target groups, therefore the clinics will begin shortly after receiving the vaccine. Clinic locations and times will be posted on the school websites, announced on the radio and in the newspaper.

Please note the following important information:

- Read the enclosed Vaccine Information Statement (VIS) prior to completing the consent form
- Parental **written consent must be given** prior to any vaccination. Complete and return the enclosed consent form to your child's school by **October 6**. If you do not want the vaccine, complete the form, sign the "I Do Not Give Consent" area and write NO on the form in large letters
- Two (2) doses of vaccine will be required for children 9 years and younger. A separate consent will be required for the second dose. We will notify you when the next dose will be available.
- The H1N1 vaccine will be provided at no charge at the school based clinics
- Parents are welcome to accompany their child to the school based clinic
- Only students will be able to receive the vaccine at this time – **no parents or siblings**.
- Clinics will be held at a later date to vaccinate the children not able to obtain the vaccine at the school based clinics, the remaining high priority groups and the general public
- H1N1 vaccine will not be available at the Health Department, only through school based clinics and public mass vaccination clinics.

Thank you for your cooperation in this effort.

Sincerely,

Donna C. Oeding, R.E.H.S.
Administrative Director

**Dubois County Health Department
2009 H1N1 Influenza Vaccine Consent Form**

STUDENT'S NAME (Last)		(First)	(M.I.)	STUDENT'S DATE OF BIRTH month _____ day _____ year _____	
PARENT/LEGAL GUARDIAN'S NAME (Last)		(First)	(M.I.)	STUDENT'S AGE	STUDENT'S GENDER M / F
ADDRESS			PARENT/GUARDIAN DAYTIME PHONE NUMBER:		
CITY	STATE	ZIP			
SCHOOL NAME			GRADE		

Please mark YES or NO for each question. If you answer "NO" to all four of the following questions, your child will receive the 2009 H1N1 influenza vaccine. If you answer "YES" to one or more of the following four questions, your child possibly may not receive the 2009 H1N1 influenza vaccine at the school clinic.

- | | | |
|---|--------------------------|--------------------------|
| | YES | NO |
| 1. Does your child have a serious allergy to eggs? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Does your child have any serious allergies (causing shortness of breath or constricted airway)? List _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Has your child had a serious reaction to a previous dose of seasonal flu vaccine? | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Has your child had Guillain-Barré Syndrome (a type of temporary severe muscle weakness)? | <input type="checkbox"/> | <input type="checkbox"/> |

CONSENT FOR CHILD'S VACCINATION

I have read or had explained to me the 2009-2010 Vaccine Information Statement for the 2009 H1N1 influenza vaccine and understand the risks and benefits. I understand that two (2) doses will be required for children 9 years and younger. Consent provides for the release of data from vaccination record.

I GIVE CONSENT to the Dubois County Health Department for my child named at the top of this form to get vaccinated with the 2009 H1N1 vaccine. (If consent form is not signed, dated and returned, your child will not be vaccinated at school.)

Signature of Parent/Legal Guardian

Date: _____

I DO NOT GIVE CONSENT to the Dubois County Health Department for my child named at the top of this form to get vaccinated with the 2009 H1N1 vaccine.

Signature of Parent/Legal Guardian

Date: _____

FOR ADMINISTRATIVE USE ONLY

Vaccine	Date Dose Administered	Route	Dose Number (1st or 2nd)	Vaccine Manufacturer	Lot Number	Name and Title of Vaccine Administrator
2009 H1N1	/ /	IM				

2009 H1N1 INFLUENZA VACCINE

INACTIVATED WHAT YOU NEED TO KNOW

Many Vaccine Information Statements are available in Spanish and other languages. See www.immunize.org/vis.

1 What is 2009 H1N1 influenza?

2009 H1N1 influenza (which was earlier called Swine Flu) is a type of flu caused by a new strain of influenza virus. Because it has spread to many countries, it has been declared a pandemic influenza strain.

Like other flu viruses, 2009 H1N1 spreads from person to person through coughing, sneezing, nasal secretions, and sometimes through handling objects contaminated with the virus.

Signs of 2009 H1N1 can include:

- Fatigue
- Fever
- Sore Throat
- Muscle Aches
- Chills
- Coughing
- Sneezing

Some people also have diarrhea and vomiting.

Most people recover within a week. But some people get pneumonia or other serious illnesses. Some people have to be hospitalized and some die.

2 How is 2009 H1N1 different from regular (seasonal) flu?

Seasonal flu viruses change from year to year, but they are closely related to each other.

People who have had prior flu infections usually have some immunity to seasonal flu viruses.

The 2009 H1N1 flu virus is a new virus strain. It is very different from seasonal flu viruses.

Most people have little or no immunity to 2009 H1N1 flu.

3 2009 H1N1 influenza vaccine

Vaccines are being made to protect against 2009 H1N1 influenza.

- These vaccines are produced just like seasonal flu vaccines.
- They are expected to be as effective as seasonal flu vaccines.

- They will not prevent “influenza-like” illnesses caused by other viruses.
- They will not prevent seasonal flu. *You should also get seasonal influenza vaccine, if recommended.*

Inactivated (killed) vaccine is injected into the muscle, like the annual flu shot. **This statement describes the inactivated vaccine.**

A **live, intranasal** vaccine is also available. It is described in a separate statement.

Some inactivated H1N1 vaccine contains a preservative called thimerosal. While some people have suggested that thimerosal may be related to developmental problems in children, that theory has not been supported by research. Thimerosal-free vaccine is also available.

4 Who should get 2009 H1N1 influenza vaccine and when?

WHO

Groups recommended to receive 2009 H1N1 vaccine first are:

- Pregnant women
- People who live with or care for infants younger than 6 months of age
- Health care and emergency personnel
- Anyone from 6 months through 24 years of age
- Anyone from 25 through 64 with certain chronic medical conditions or a weakened immune system

These groups should also be vaccinated:

- Healthy 25-64 year olds
- Adults 65 and older

WHEN

Get vaccinated as soon as the vaccine is available.

Recommendations may change if we learn that other groups of people are at particularly high risk.

Some people may need **two doses** of vaccine.

5 Some people should not get the vaccine or should wait

You should not get 2009 H1N1 flu vaccine if you have a **severe (life-threatening) allergy to eggs**, or to **any other substance in the vaccine**. *Tell the person giving you the vaccine if you have any severe allergies.*

Also tell them if you have ever had:

- a life-threatening allergic reaction after a dose of seasonal flu vaccine,
- Guillain Barré Syndrome (a severe paralytic illness also called GBS).

These may not be reasons to avoid the vaccine, but the medical staff can help you decide.

If you are moderately or severely ill, you might be advised to wait until you recover before getting the vaccine. If you have a mild cold or other illness, there is usually no need to wait.

Pregnancy or breastfeeding are **not** reasons to avoid getting 2009 H1N1 flu vaccine.

2009 H1N1 vaccine may be given at the same time as other vaccines, including seasonal influenza vaccine.

6 What are the risks from 2009 H1N1 influenza vaccine?

A vaccine, like any medicine, could cause a serious problem, such as a severe allergic reaction. But the risk of any vaccine causing serious harm, or death, is extremely small.

The virus in inactivated 2009 H1N1 vaccine has been killed, so you cannot get influenza from the vaccine.

The risks from 2009 H1N1 vaccine are expected to be similar to those from seasonal flu vaccine:

Mild problems:

- soreness, redness, tenderness, or swelling where the shot was given
- fainting (mainly adolescents)
- headache, muscle aches
- fever
- nausea

If these problems occur, they usually begin soon after the shot and last 1-2 days.

Severe problems:

- Life-threatening allergic reactions to vaccines are very rare. If they do occur, it is usually within a few minutes to a few hours after the shot.
- In 1976, an earlier type of swine flu vaccine was associated with cases of Guillain-Barré Syndrome (GBS). Since then, flu vaccines have not been clearly linked to GBS.

7 What if there is a severe reaction?

What should I look for?

Any unusual condition, such as a high fever or behavior changes. Signs of a severe allergic reaction can include difficulty breathing, hoarseness or wheezing, hives, paleness, weakness, a fast heart beat or dizziness.

What should I do?

- **Call** a doctor, or get the person to a doctor right away.
- **Tell** the doctor what happened, the date and time it happened, and when the vaccination was given.
- **Ask** your provider to report the reaction by filing a Vaccine Adverse Event Reporting System (VAERS) form. Or you can file this report through the VAERS website at www.vaers.hhs.gov, or by calling **1-800-822-7967**.

VAERS does not provide medical advice.

8 Vaccine injury compensation

The Federal government is providing this vaccine for receipt on a voluntary basis. However, state law or employers may require vaccination for certain persons.

If you or your child has a reaction to the vaccine, your ability to sue is limited by law.

However, a federal program has been created to help pay for the medical care and other specific expenses of certain persons who have a serious reaction to this vaccine. For more information about this program, call **1-888-275-4772** or visit the program's website at www.hrsa.gov/countermeasurescomp/default.htm.

9 How can I learn more?

- Ask your provider. They can give you the vaccine package insert or suggest other sources of information.
- Call your local or state health department.
- Contact the Centers for Disease Control and Prevention (CDC):
 - Call **1-800-232-4636 (1-800-CDC-INFO)** or
 - Visit CDC's website at www.cdc.gov/h1n1flu or www.cdc.gov/flu
- Visit the web at www.flu.gov



DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR DISEASE CONTROL AND PREVENTION

